



The Simpler Way To A Healthier You

An advanced blood glucose meter and blood pressure monitor, plus the support you need, 100% paid for by your employer.



Join Livongo and you'll get:



Advanced devices to monitor your blood pressure and blood sugar



Automatic uploads mean no more logbooks



Real-time support from coaches when you need it



Summary reports you can send your doctor



Personalized tips and articles picked just for you



Optional family alerts to keep everyone in the loop



Unlimited strips.
Unlimited inspiration.
It's all free for you.

Join today at get.livongo.com/TEAMSTERS710/register or call (800) 945-4355

Use registration code: **TEAMSTERS710**

The programs are provided to you and your family members with coverage through Blue Cross and Blue Shield of Illinois (BCBSIL).

Members must have primary insurance coverage through the Blue Cross and Blue Shield of Illinois (BCBSIL) plan offering the Livongo program. For Administrative Services Only (ASO) and Preferred Provider Organizations (PPO) only. Not available for Fully Insured (FI) or Health Maintenance Organizations (HMO).

Programs include trends and support on your secure Livongo account and mobile app but does not include a phone or tablet.

You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program.